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ERASMUS+ KA210-SCH PROGRAMME

Project Title: *Be Inclusive through Music!*

Project Number: 2024-2-PL01-KA210-SCH-000293753

LTT 4 Activity: *The Richness of Tradition through Traditional Costumes*

Host Institution: XI Liceum Ogólnokształcące im. Mikołaja Reja w Warszawie

Location: Warsaw/Poland

Dates: 20 – 24 April 2026

Monday (20.04.2026) – Heritage and Identity

9:00–10:00 – Opening Ceremony

- welcome of participants
- meeting with the school management

10:00–11:00 – School Tour (guided tour through classrooms and teachers' room)

11:00–13:00 – Historical Costume Timeline Presentations: Symbolism and History of Costumes

- evolution of costumes, historical influences, symbolism of costumes and influences on costumes (presented by teams from **Poland, Romania, Türkiye**)

13:00–13:30 – Lunch

13:30–15:00 – Cultural Walk in Warsaw

- **Royal Route**
- **Royal Castle**
- **Old Town**

- New Town
- Łazienki Park

15:00–17:00 – Visit to the Warsaw Uprising Museum

17:00 – Free time (youth integration)

Tuesday (21.04.2026) – Europe and Craftsmanship

9:00–9:30 – Preparation for the Visit

9:30–12:00 – Visit to the European Parliament

- Europa Experience
- EU simulation game

12:00–13:00 – Workshop at School – eBook Workshop (Part 1)

- traditional materials and techniques (international groups)
- designing costume elements inspired by tradition (international groups)

13:00–14:00 – Lunch

14:00–15:30 – Dance Workshop at School – Pieniny (Folk Dance of the Pieniny Highlanders – led by Justyna Stolarczyk

(Participants are advised to bring comfortable flat shoes. The sole should allow smooth sliding and flat dancing))

16:00–17:00 – Visit to the National Museum in Warsaw

17:00 – Free time (youth integration)

Wednesday (22.04.2026) – Folklore and Experience

8:00–8:15 – Preparation for Departure

10:00–13:00 – Visit to Karolin

Mazowsze State Folk Song and Dance Ensemble

- guided tour of the Polish Folklore Center
- dance workshops (*participants are asked to bring a change of shoes*)

- **handicraft workshops – traditional paper cut-outs**

13:00–14:00 – Lunch (at Karolin)

15:30–17:00 – Creative Challenge – eBook Workshop (Part 2)

- **designing modern costumes (international groups)**

17:00–18:30 – Fashion Show Preparation – Part 1

19:00–21:00 – “Old Tradition” Concert as part of the “All Mazurkas of the World 2026” Festival

Thursday (23.04.2026) – Culture and Expression

9:00–9:30 – Preparation for the Visit

9:30–12:00 – Visit to the Ethnographic Museum

- **exhibition + museum lesson about costumes**

12:30 – 14:00 – Dance Workshop at School – (led by Justyna Stolarczyk)

(Participants are advised to bring comfortable flat shoes. The sole should allow smooth sliding and flat dancing)

14:30–16:00 – Lunch (traditional Polish refreshments prepared by parents)

16:00–18:00 – Fashion Show Preparation – Part 2

18:00 – Free time (youth integration)

Friday (24.04.2026) – Summary and Sustainability

9:00–10:30 – Project Evaluation

10:30–12:30 – Development of Results

- **folk costume catalogue/eBook**
- **video/photo documentation**

13:00–13:30 – Lunch

14:00–16:00 – Closing Ceremony

- **Multicultural Fashion Show (costumes designed by youth inspired by traditional and modern fashion)**
- **Multicultural artistic performances by students from Türkiye, Romania, and Poland (singing, dancing, playing instruments)**
- **Certificate ceremony**

16:30 – 17:00 - Project summary

17:00–18:00 – Farewell Party

Contact Information

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